

# INSTRUCTION SHEET FOR SET #7.1112

Read this instruction sheet thoroughly before initiating any work!

*It is recommended that if you are unfamiliar with this type of work that you refer to a qualified service center specializing in this type of work. It is also recommended that if you choose to do this work yourself that a factory service manual be obtained for the proper procedures pertaining to removal, replacement and proper torque specifications for your vehicle. This instruction set is intended as a guideline for the safe installation of Energy Suspension's Polyurethane.*



1131 VIA CALLEJON, SAN CLEMENTE, CA 92673

- Raise and support the front of the car.
- Remove 14mm thru bolt for front motor mount.
- Remove two 17mm subframe bolts.
- Remove 17mm thru bolt for rear motor mount.
- Remove two 17mm subframe bolts in the rear.
- Lower frame out of vehicle.
- Install Energy Suspension inserts.
- Reinstall subframe and bolts in reverse order of removal.
- Tighten all bolts to factory specifications.



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